



Chapelton Amateur Swimming Club

Established 1961
Affiliated to ASA, NERASA, YSA, S&D ASA, RLSS



Newsletter January 2014



Welcome to the first club newsletter of 2014. As we haven't had a newsletter since last February, this is a new start for us all.

From now the newsletter will be published at the end of each month and will include a summary of the club's activities and achievements from the past month, articles, stories and news on what exciting things are coming our way over the next few months.

I'd like to build on the great work previously done by Geoff and develop the club newsletter into something that you will really look forward to reading. To do this, I need your help. If you have any news, comments, questions or articles that you would like including in the newsletter, please send them to Linda Ferguson at

l.ferguson_chapeltonasc@yahoo.co.uk

Swimmers and parents, this is your newsletter, your club and your views, so let's hear your voice!

January Results

2014 certainly got off to a great start with the first Inter-house Gala on 20th & 23rd January.

71 swimmers took part in the gala across both days. 345 swims were completed in total. 208 of those swims were PB's. 17 swimmers achieved Yorkshire Times (this does not indicate qualification for Yorkshire Champs, this must be done in a Licenced meet.

Promotions to higher squads are as follows:

To Intermediate

Molly Hutchinson, Aimee Struggles, Eleanor Bradley

To Junior

Lewis Knell, Darcy Quinn - pending Stamina Test, Sebastian Renshaw - pending Stamina Test, Ben Talbot - pending Stamina Test

To Bronze

Megan Conway, Ryan Langan, Laura Machin, Maddy Price, Rebecca Priest, Ola Smolarek

To Silver

Eve Crownshaw, Hannah Shaw

Well done everyone!!

A full summary of January results can be found on the club website.

Celebrating Success



We're very proud of all our swimmers here at Chapelton Swimming Club, both in and out of the pool and we would like to share your successes and achievements.

So if you've won something, done something, tried something, achieved something or overcome something and you're feeling quite proud of yourself, don't keep quiet about it!

Let us know so that we can share it with everyone else and give you the great big pat on the back that you deserve.

2014 Training Times

Monday

Teaching/Intermediate - 7.30-8.30pm
Junior/Bronze/Silver/Gold - 7.30-9.00 or
9.30pm

Tuesday (Concord)

Teaching/Intermediate - 7.30-8.30pm
Junior - 7.30-9.00 or 9.30pm
Bronze/Silver/Gold - 7.30pm-9.30pm

Wednesday

All Squads - 8.00pm - 9.30pm

Thursday

Teaching/Intermediate - 7.30-8.30pm
Junior - 7.30-9.00 or 9.30pm
Bronze/Silver/Gold - 7.30pm-9.30pm

Friday

All Squads - 7.00-8.30pm

2014 BML Dates

8th February - Armthorpe (4pm warm up)
8th March - City of Sheffield (2.30pm warm up)
21st June - Stocksbridge (2.30pm warm up)
14th September - Chapeltown (2.30pm warm
up)

Please can swimmers keep these dates free
as they may be selected for the team.

What's Coming Up in February!!

Sheffield and District ASA Gala - Sunday 2nd
February @ Ponds Forge. A full breakdown
of results will be available on our website.

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Poolside Helpers Meeting - 13th February @
6.30pm in the Meeting Room at Chapeltown
Baths. All poolside helpers are requested to
attend to hear about the coaching strategy
and aims for 2014.

Ladies night out - Saturday 15th February.
Dust off your dancing shoes and blow away
the post Xmas blues! A chance for all the
club mums to get together for a night of fun
and laughter, and maybe a drink or two! See
sweet shop Claire for further details.

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Annual General Meeting - Thursday 20th
February @ 7pm in the Meeting Room at
Chapeltown Baths. All parents welcome to
attend.

**Please note - there will be no swimming on
this day.**

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Stocksbridge Springs Open Meet - 26th April
2014. ***Please note that the deadline for
entries is 21st February.***

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How to prepare for a competition - tips and
advice on equipment, snacks and drinks to
help you achieve results and enjoy your
experience.



Happy Birthday



Happy Birthday to the following club members
who all celebrated their birthdays in January.

Eleanor Bradley, Alfie Myers-Wilson, Josh
Rowley, Kelsey Shaw and Ola Smolarek.

And finally, don't forget to regularly check the
club noticeboard, our webpage
(www.chapeltownasc.org/), Facebook and
Twitter for announcements, news and
updates.

If you feel there is an additional or better way
of distributing information, please let us know.

**Next edition 28th February 2014
Deadline for submissions - 21st February 2014**

**Article submissions and/or comments can be emailed to
I.ferguson_chapeltownasc@yahoo.co.uk
or please speak to any committee member**