

**Chapelton & District Amateur Swimming Club**

Affiliated to ASA, NECSSA, YSA, S&D ASA, RLSS

Don't miss this year's Barnsley Summer Sizzler

Details of this very popular gala will be on the noticeboard imminently. It is a great chance to gain competition experience, get some times logged and also to try out a 50m Olympic standard pool. Have a look and use the booking forms to get your entries in to Geoff Monaghan. Talk to Geoff or coaches to check if you are not sure if it is suitable for you. Make a note of the date – **Sunday 8 July at Ponds Forge.**

Please all swimmers and supporters! Help the club raise funds at Morrison's!

Sandra (Hannah & Nathan's mum) has been a star and has managed to secure two dates for us to go Bag Packing at Ecclesfield Morrison's. This is great news as this can raise quite a sum for the club.

The dates are **Saturday 14th April** (day before DLC gala at Chap) and **Saturday 22nd September**. Look out for details on the noticeboard and website as we sort out rotas.

Hot off the blocks

We have four swimmers taking part in the Yorkshire County Championships over three weekends in February (Leeds) and March (Ponds Forge). The club is proud of you, so swim well and hard Joshua Page, Billy Chapman, Laurie Monaghan and Ilia Ziaits – and good luck (stay in one lane this time Joshua).

Top tip of the month

Even when in routine training sessions, do your turns properly and with energy. The fastest you go in the pool is kicking off from the turn and practice makes perfect.

Gym sessions

If you want to join the gym sessions but are not sure if it's for you, just ask Bob for advice. It is not recommended for all of the very youngest swimmers (those below a certain age do not use the heavy equipment but can still workout).

Welcome to new swimmers

Welcome to new swimmers (and a couple who have been here a while but have missed out on a newsletter welcome!): Jack Arnold, Lewis Knell, Iona Morrison, Alex Renshaw, Ola Smolarek, Robyn Batchelor, Charlotte Chamisa, Joshua Rowsley, Elliot Vaughan (have I missed anyone?).

Funds: please support your club

Don't miss out on chances to win with the 100 Club. Ask Claire Critchley or see the noticeboard for details. Monthly winners!

Squad changes

There have been some changes after the recent Assessments and achievement of new times at 100yds freestyle.

Recent squad promotions are:

- Sam Bromley promoted to Intermediate
- Georgia Grayson promoted to Intermediate
- Robyn Batchelor promoted to Intermediate
- Joshua Rowsley promoted to Intermediate

- Alfie Myers-Wilson promoted to Junior
- Joshua Wheeler promoted to Junior
- Joshua Page promoted to Bronze
- Anna Trask promoted to Bronze
- Joey O'Connell promoted to Silver

Well done all.

Next Assessments and Interhouse in April – dates to be confirmed.

If you are not clear on how swimmers progress between squads, here are the basic requirements for progression:

Teaching	Swimmers need to pass their assessment to move up to the Intermediate Squad
Intermediate	Swimmers need to pass their assessment and require a time of 1:40:00 or under for 100 yards Freestyle to move up to the Junior Squad
Junior	Swimmers require a time of 1:20:00 or under for 100 yards Freestyle to move up to the Bronze Squad
Bronze	Swimmers require a time of 1:10:00 or under for 100 yards Freestyle to move up to the Silver Squad
Silver	Swimmers require a time of 1:00:00 or under for 100 yards Freestyle to move up to the Gold Squad
Gold	No further progression
Senior	The time for 100 yards free does not need to rise – it is the age that goes up!

Upcoming galas and events

The 2012 competitive events calendar will be available shortly as we try to match available galas and events with our squads' needs and ambitions.

Please get your entries in for the very enjoyable annual Stocksbridge Sprints. This is one that we traditionally have lots of swimmers entering – it is suitable for all, it is good fun, it is exciting, it is great experience for newer swimmers and it is a 'Licenced Meet' – meaning that times 'count' for entry to Yorkshire County Championships and other top events. (Look out for the Winter Yorkshires towards the end of the year).

GET ENTRY FORMS FROM THE NOTICEBOARD NOW AND GET THEM IN. DON'T MISS THE DEADLINE!

Need to ask about it? Don't hesitate. Ask Lynne or any of the poolside crew, or Geoff Monaghan and other parents with experience of the Sprints will be happy to help as well.

Date	Event	Entries closing date	Notes
18 th and 19 th February	Yorkshire County Championships	Results to follow in next newsletter	St Charles Centre for Sports, Leeds
25 th and 26 th February	Yorkshire County Championships	Entries in	St Charles Centre for Sports, Leeds
17 th March	Yorkshire County Championships	Entries in	Ponds Forge
3 rd March	BML second round	Team posted on noticeboard	Dearnside, 4.00pm warm-up
22 April	Stocksbridge Sprints	Now closed for entries	We have around a dozen swimmers attending this local, excellent gala.
April dates to	Interhouse gala and		

be confirmed	assessments		
--------------	-------------	--	--

AGM news

The newsletter author couldn't make the AGM but the news is that it went very well with lots of volunteering and ideas.

Bob Grayson was asked to be President for another year and kindly accepted.

The meeting elected Lynne Dawson as Chairperson.

Nominations were put forward resulting in the following full list:

President	Bob Grayson
Chairperson	Lynne Dawson
Vice Chairperson	Geoff Monaghan
Secretary	Tracy Haddon-Lever
Treasurer	Claire Chapman
Club Head Coach	Bob Grayson
Selection Committee	John Potts/Tracy Lever/Lisa Brammer/ Lee Brammer/Bob Grayson
School Liaison	Debra Baldwin
Competition Secretary	Position deleted
Open Gala Organiser	Geoff Monaghan
Results Co-ordinator	Lisa Brammer
Team Manager (boys)	John Potts
Team Manager (girls)	Tracy Lever
Social Secretary	Vacant
Equipment Officer	Earl Lever
Regalia Officer	Position deleted
Registrar of Trophies	Geoff Monaghan
Sheffield & District ASA Delegate	Lynne Dawson
Chapelton Club Shop	Claire Critchley
Publicity Officer	Ken Chapman (Geoff Monaghan and Vicky Hobson - writers)
Child Welfare officer	Louise Page
Child Protection Assistants	Mr Rowley/Caroline White
Girls and Boys Team Captains	To be elected by swimmers
100 Club Organiser	Claire Critchley
Parent & Volunteer Co-ord	VACANT
Club Head Coach	Bob Grayson

A discussion was had in relation to an increase in the ASA annual membership fee. A discussion was had and a vote took place where a unanimous result was to increase next year's fees to £32 with a caveat that, should the Club be under financial stress, fees will be increased to £35 per annum. A vote was undertaken and a unanimous result to agree to the above increase was received.

Author's note: these fees continue to represent good value in comparison with most, or all, other local clubs.

Dolphins at the races

- A great time was had by swimmers at the January Interhouse Gala, with many, many new best times being set. There was also an evening devoted to 100yd freestyle swimming – these times are important when moving up the squads, as detailed above.
- With the evening snowfall building up on the roads, parents, supporters and swimmers made their way to Maltby for the first round of the Barnsley Minors League on 4

February. Everyone also made it home in deeper snow mid-evening, although a brave few finished their journeys on foot! As for the swimming, after achieving victory and promotion to the next division of the BML in 2011, Chapeltown swimmers faced the disappointment of defeat in the first round of 2012. What can be said is that this was not due to lack of effort. There was a great team spirit and everyone gave full effort and commitment with many, many best times. What's more, there were events in which the pale blue caps were seen to win, including relays. The results are on the noticeboard, but mention might be made of first places for Jack Anderson, Vanessa Grayson and, in the under 10s, Sam Bromley. Relay teams also won some races – featuring the under 10s boys (Sam Bromley, Joshua Wheeler, Jack Anderson and Korrigan Watkinson) and the boys/mens open freestyle (Bruce Dickenson, Ben Hale, Lee Horsley, Iliia Ziaits). For many, this was their first BML, often swimming at the bottom end of their age group, so it was all good experience and bodes well for the future. Poorest Chapeltown performance came from our two timekeeping parents (one being the author of this newsletter) who simultaneously failed to start their stopwatches for the Wakefield team while waving to supporters (and, no, it wasn't tactical) – fortunately the Maltby backup system saved the day.

Club fees – please note

Annual membership fees are now overdue (still at £30.00) and those not paid up by the end of February will not be allowed to swim in any session.

Car Boot Collection

We are planning to attend a Car Boot Sale (or two) over the summer to help raise funds for the Club. But we need things to sell. Any unwanted bric-a-brac, kitchen pots/utensils/dishes, books, videos, DVDs, toys etc all welcomed. If you have any donations, please bring them down to the Club on Mondays/Thursdays, say goodbye to the items and hand them over to a Committee Member (Lynne, Claire).